

Table Work Instructions

There are many different types of market systems throughout the world – and each system presents different challenges and opportunities to meet the food and nutrition needs of the people.

In this exercise, we would like you to think about what a nutrition-sensitive market system might look like in a particular context. To start, at your table, discuss what sorts of features this market system will have. Be creative, and think about the different components of the market system. And then we would like you to draw a picture that shows what your nutrition-sensitive market system, including different elements that you think are important.

Some guiding questions to help you get started are listed below:

- Where would the foods in your market systems be sourced?
- What sorts of food would your market system produce?
- How would that food be produced, processed, stored, and transported?
- How will people access that food? How might the market system promote greater or lesser access to some foods over others?
- What foods do you want consumers to buy more or less of? How might the market system influence that? (Hint: Consider desirability, convenience, appeal)
- How could you ensure your market system does no harm to health, nutrition, and water/sanitation?
- How will the market system generate income? Which actors will benefit most? Least?
- How could income among different actors in the value chain contribute to better nutrition?
- How would gender roles and women's empowerment affect and be affected by your market system?

What type of enabling environment would you expect to see for your market system (e.g. terms of trade, government policies, regulations)?

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• Additional resources:

Figure 1: Causal framework for nutrition

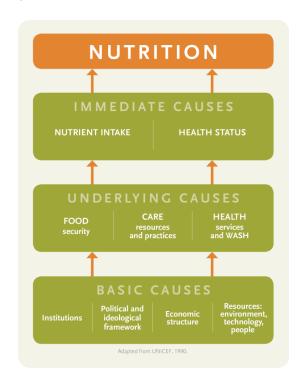
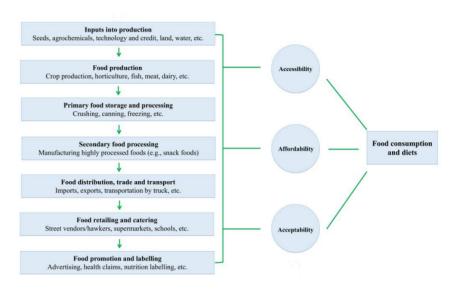


Figure 2: Elements of the food system



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